

Self Help Groups and Resources

Chronic Conditions

American Diabetes Association http://www.diabetes.org	312.346.1805 312.346.4997 TTY
American Lung Association of Lake County http://www.lung.org/	847.295.5864
Arthritis Foundation http://www.arthritis.org/	800.283.7800 312.616.3470
Crohn's-Collitiis Foundation http://www.ccfa.org	847.827.0404
Feingold Association http://www.feingold.org	800.321.3287
Leukemia Society of America http://www.leukemia.org	312.726.0003
National Multiple Sclerosis Society http://www.nationalmssociety.org/	312.421.4500

Eating Disorders

National Association for Anorexia Nervosa and Associated Disorders (ANAD) – Eating Disorders http://www.anad.org	847.831.3438
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Al-Anon/Alateen Family Groups http://www.al-anon.alateen.org/	847.680.4640
Compassionate Friends (for Bereaved) http://www.compassionatefriends.org	630.990.0010
Feingold Association http://www.feingold.org	800.321.3287
Gam-Anon (gambling) http://www.gam-anon.org/	708.802.0105
National Alliance for Mentally Ill of Lake County (NAMI) http://www.nami.org	847.249.1515
The Parent Group	847.263.7272

Gambling Addiction

Gamblers Anonymous-Chicago Hotline http://www.gamblersanonymous.org/	312.346.1588
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Homeless/Housing

PADS Crisis Services – HELP Center, PADS, & Resource Center http://padslakecounty.org/	847.689.4357
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Hospital Classes and Support Groups

Advocate Condell Hospital http://www.advocatehealth.com/condell/body.cfm?id=445	847.362.2900 X5275
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Highland Park Hospital http://www.northshore.org/locations/our-hospitals/highland-park-hospital/	847.480.3720
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Loss/Bereavement

Compassionate Friends (for bereaved) http://www.compassionatefriends.org	630.990.0010
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Mental Health/Emotional Support

Emotions Anonymous http://emotionsanonymous.org/	651.647.9712
National Alliance for Mentally Ill of Lake County (NAMI) http://www.nami.org	847.249.1515

Substance Abuse and/or Addiction

Alcoholics Anonymous http://www.aa.org/lang/en/meeting_finder.cfm?origpage=29	312.346.1475 312.349.8070 TTY
Cocaine Anonymous http://www.ca.org/meetings.html	773.202.8898
Gamblers Anonymous – Chicago Hotline http://www.gamblersanonymous.org/	312.346.1588
Gateway Foundation http://www.gatewayfoundation.org/	847.356.8205 847.356.8205 TTY

Kiva Recovery http://www.kivarecovery.com	855.777.KIVA
Narcotics Anonymous http://www.na.org/	708.848.4884